

CHAPTER B: EARLY PREVENTION

Outline

Section 1: Overview of Prevention-completed

- Intended Audience for Section 1
- Definition of Prevention
- VDSS Practice Model
- Children's Services Practice Model
- Guiding Principles for Prevention
- Outline of the Early Prevention Chapter
- Legal basis for the Provision of Prevention Services
- Definitions
- Challenges Still Ahead
 - ✓ Results of Nation Center for children on Poverty Report
 - ✓ Results of Maternal, Infant & Early Childhood Home Visiting Needs Assessment
 - ✓ Results of PSSF Community Assessment Plans
 - ✓ Results of Annual CSA Survey
 - ✓ Trends in Child Abuse and Neglect
- Vision for the future of prevention
- Focus of Early Prevention on Best Practice Models
 - ✓ Family driven services
 - ✓ Engaging families and shift to family based decision making
 - ✓ Use of strengthening families perspective
 - ✓ Emphasis on trauma informed practice
 - ✓ Use of the framework for protective and risk factors
 - ✓ Collaboration as a critical component
 - ✓ An entrepreneurial approach to program development
- Prevention Continuum
- Practice and Administrative Standards for Effective Early Prevention Programs
- Types of Prevention Services
 - ✓ Primary
 - ✓ Secondary
 - ✓ Tertiary
- Administrative Supports Needed for Effective Early Prevention Services
 - ✓ Key Tasks
 - ✓ Realigning Resources
 - ✓ Data management
 - ✓ Measuring Program Outcomes
 - ✓ Parent Partnerships
 - ✓ Community and Systems Integration

TABLE OF CONTENTS FOR CHAPTER B, CHILD AND FAMILY SERVICES MANUAL
September 24, 2012

- **Benefits of Embracing a Prevention Perspective across Child Welfare**
- **Appendices**
 - **Appendix A: Resources Used in Developing Guidance**
 - **Appendix B: What the Research Reflects about impact of maltreatment and removal**
 - **Appendix C: Virginia's Prevention Initiatives**
 - **Appendix D: The Prevention Continuum**
 - **Appendix E: Protective Factors**
 - **Appendix F: Risk Factors**
 - **Appendix G: Funding Sources for Early Prevention**
 - **Appendix H: On-Line Resources for Prevention Information and Funding**

Section 2: Public Education and Awareness Early Prevention Services to the General Public (NOT YET DEVELOPED)

- **Definition**
- **Intent of this Section**
- **Guiding Principles**
- **Benefits**
- **Challenges**
- **Types of Strategies/Activities**
- **Child Abuse/Neglect Prevention Month**
- **Data Collection for Public Education/Awareness Activities**

Section 3: Early Prevention Services to High Risk Groups

- **Definition**
- **Guiding principles**
- **Benefits**
- **Challenges**
- **Identifying At Risk Groups (e.g. teens, incarcerated fathers, parents who were child victims of abuse, single parents, etc.)**
- **Types of Strategies/Activities**
- **Evidence based model for group services**
- **Collaboration with Community Partners to Serve High Risk Groups**

Section 4: Early Prevention Services to At Risk Families-completed

- **Intended audience for this section**
- **Definition of Early Prevention Services to At Risk Families**
- **Referral Sources**
- **The Concepts of Family and Child Well Being**
- **Engaging the Family in Voluntary Services**
 - **Cultural competence**
 - **Connecting and reconnecting Fathers and Other Adults through engagement**

TABLE OF CONTENTS FOR CHAPTER B, CHILD AND FAMILY SERVICES MANUAL
September 24, 2012

- Resources for Involving Fathers
- Strengthening Martial and Parental Relationships
- **Intake/Short Term Assessment**
 - Intake: The Initial Contact
 - Consideration of Risk Factors at Intake
 - Short –term Assessment/Crisis Intervention
 - Screening for Trauma
 - Workers’ and Parents’ Role
 - Decisions made at the completion of the short term assessment
 - Outcomes Expected
- **Opening a case**
 - Application for services
 - OASIS Case types
 - ✓ Early Prev/Family Support: no court (*Currently Prev/Support: Stabilization/Support*)
 - ✓ Early Prev/Family Support: court order(*currently Prev. Sup: Home Study/Court Order*)
 - ✓ Early Prev/Family Preservation: (*currently Prevention/Support: Prevention of Abuse/Neglect*)
 - ✓ Early Prev/Int. Fam Preserv: high risk of FC (*currently Prev/Sup: Placement Prevention*)
 - ✓ Prevention/low or moderate risk: after CPS (*currently either CPS ongoing or Prevention/Support: Prevention of abuse/neglect*)
- **Comprehensive Assessment of the family’s needs**
 - Step 1: Engaging the Family
 - Step 2: Conducting the Comprehensive Family Assessment
 - ✓ Protective and Risk Factors as Framework for Assessment
 - ✓ Questions to Raise to Assess Protective Factors
 - ✓ Preliminary Assessment of Trauma
 - Step 3: Analyzing their information gathered
 - ✓ Mutual Agreement on Issues/Concerns
 - ✓ Prioritizing the Issues
 - ✓ Managing concerns
 - ✓ Assessing the family’s perception of the problem and willingness to change
- **Tools and Strategies that could be utilized in the Assessment Process**
- **Valid and Reliable Instruments**
- **Service planning**
 - Stages of change
 - Components of an Effective Service Plan
 - Funding the Service Plan
- **Service delivery**
 - Goal of Supportive Services

TABLE OF CONTENTS FOR CHAPTER B, CHILD AND FAMILY SERVICES MANUAL
September 24, 2012

- Definition of Strength Based Practice
- Role of the Worker
- Trauma Informed Case Management
- Intensive In-Home Services
- Use of Short-term Respite
- Frequency of Contacts
- Foster Care Division in Early Prevention
 - ✓ When to explore alternate living arrangements with families
 - ✓ Authority of LDSS
 - ✓ Role of the Agency in Diversion
 - ✓ Service Objectives for Early Prevention Diversion cases
 - ✓ Special Considerations in Diversion
 - ✓ Assisting Families with a Written Agreement
 - ✓ Types of Services Provided in Diversion Cases
 - ✓ What requires the Original Family's Consent
 - ✓ Considerations When Making the Decision to Support a Diversion Family Made by the Original Family
 - ✓ What to do when the family has placed a child in an informal arrangement before they are known to LDSS
 - ✓ Helping the family determine if the family they have chosen can be a permanent placement for their child
- **Appeals and Fair Hearings**
- **Reassessment and Service Plan Adjustment**
 - Tools to assess progress and/or change in families
- **Goal Achievement and Case Closure**
- **Guidelines for Supervision**
 - **Modeling Strength Based Practice**
 - **Supporting Peer Supervision and Teamwork**
 - **Engaging Staff in Decision Making**
 - **Reducing Barriers within the System**
 - **Managing Secondary Trauma**
- **Benefits of Early Prevention Services to Families**
- **Appendices**
 - ✓ **Appendix A: The Family's Story-the first step in engagement**
 - ✓ **Appendix B: Father Friendly Environmental Assessment Tool**
 - ✓ **Appendix C: Questions to Ask Mental Health Providers**
 - ✓ **Appendix D: Assessing Parent's Motivation for Change**
 - ✓ **Appendix E: VDSS Sample Parent Survey**
 - ✓ **Appendix G: Service Plan**
 - ✓ **Appendix H: On-line Resources**

**Section 5: Building the Agency's Capacity to Provide Early Prevention Service through Collaboration
(IN PROCESS OF DEVELOPMENT)**

- **Intended audience and purpose of this section**
- **Definitions**
- **Guiding principles**
- **Building organizational capacity**
 - **Questions to be Answered as a Result of the Review Process**
 - **Timeline for capacity building**
 - **Step 1: Identify the prevention capacity building review team**
 - **Step 2: Define the capacity building process**
 - **Step 3: Clarify organizational values**
 - **Step 4: Review the information available**
 - **Step 5: Identify current practices and procedures**
 - **Step 6: Assess agency environment and organizational culture**
 - **Step 7: Develop and distribute a self-assessment survey**
 - **Step 8: Conduct a community needs assessment**
 - **Step 9: Analyze the information gathered-agency strengths and needs**
- **Outreach to the community**
- **Creating a prevention team**
- **Engaging the partners**
- **The MOA process and its role in collaboration**
- **Measuring the success of collaborative efforts**
- **Appendices**
 - **Appendix A: Organizational Effectiveness**
 - **Appendix B: Models and tools for building Organizational Capacity**
 - **Appendix C: Values Clarification Exercise**
 - **Appendix D: Program Self Assessment Tool for Prevention**
 - **Appendix E: Birth Parent Engagement Assessment Tool**
 - **Appendix F: Additional assessment tools**
 - **Appendix G: Checklist for Successful Coalitions**
 - **Appendix H: Model Early Prevention Programs**